



Beach Packing List Guide

5-Day Vacation Packing List





Women’s Packing List

-  Shorts -2 pair
-  Skirt - 1
-  Dress- 2

-  T shirts / Camisoles- 6
-  Sweater / jacket- 1
-  Umbrella / rainjacket- 1
-  Bathng Suit - 2
-  Lingerie
-  Pajamas
-  Coverup

-  Skincare cosmetics
-  Makeup
-  Hair care
-  Medications
-  Glassess/Sunglasses/Contacts
-  Jewelry
-  Electronics

Men’s Packing List

-  Shorts -3 pair
-  T shirts - 6
-  Sweater / jacket- 1
-  Pants - 2 Pair
-  Collared shirts - 2

-  Bathng Suit - 2
-  Under garments
-  Pajamas
-  Rainjacket- 1

-  Razor / Shaving Creams
-  Hair care
-  Medications
-  Glassess/Sunglasses/Contacts
-  Electronics



Packing Your Suitcase



Where are you traveling? Will it be hot, cold, rainy, or sunny?



Choose a color theme. This will make your packing so easy!



Put outfits together for each day / activity.



Take half of the outfits and put them back in your closet - because honestly, who needs 20 outfits for a 7 day trip? Make your clothes work for multiple days / activities.



Now you pack! Wrap your shoes in grocery bags and put on bottom of suitcase (reuse later for laundry & wet swim suits. Then roll your pants & shorts. Next, roll your dresses & tops and place on top of pants & shorts. Then tuck your lingerie, pajamas, & swimsuits in the in corners and sides of the suitcase. For suits and dresses you need to hang, place a dry cleaning bag or 13-gallon trash bag and place on top.



Pack toiletries, electronics, a small purse, and travel documents in your carryon.

